

October 2018

Washington Twp. Middle Schools



Available Daily:
Assorted Hoagies
Assorted Wraps
Assorted Salads

Chicken Patty Sandwich
(Regular or Spicy)



Lunch Price: \$3.50 Paid, \$.40 Reduced

Healthy Tip: Snack Simple and Smart! Cut up vegetables for an on-the-go simple, smart snack.



Monday

Pizza Crunchers
Peas
Mixed Fruit
Milk Choice

1

Tuesday

Double Cheeseburger
Tater Tots
Apple Sauce
Milk Choice

2

Wednesday

Grilled Cheese
Tomato Soup
Pears
Milk Choice

3

Thursday

Chicken Quesadillas
Black Beans
Peaches
Milk Choice

4

Friday

Assorted Pizza
Spinach
Apple Slices
Milk Choice

5

Hot Dogs
Baked Beans
Apple Sauce
Milk Choice

8

Pancakes with Sausage
Hash Brown
Peaches
Milk Choice

9

Chicken Tenders
Carrots
Pears
Milk Choice

10

Hot Ham & Cheese on
Pretzel Bun
Green Beans
Apple Slices
Milk Choice

11

Pizza
Broccoli
Mixed Fruit Cup
Milk Choice

12

Popcorn Chicken
Curly Fries
Pears
Milk Choice

15

Bacon Cheeseburger
Celery Sticks
Apple Slices
Milk Choice

16

Crispy Chicken Breast
Sandwich
Carrots
Mixed Fruit Cup
Milk Choice

17

Tacos
Black Beans
Apple Sauce
Milk Choice

18

Pizza
Romaine Salad
Peaches
Milk Choice

19

Mozzarella Sticks
Green Beans
Peaches
Milk Choice

22

Macaroni and Cheese
Carrots
Pears
Milk Choice

23

OFF

24

Hot Ham & Cheese on
Pretzel Bun
Baked Beans
Apple Slices
Milk Choice

25

Pizza
Spinach
Apple Sauce
Milk Choice

26

Chicken Tenders
Celery Sticks
Pears
Milk Choice

29

French Toast with Sausage
Hash Brown
Peaches
Milk Choice

30

Grilled Cheese
Tomato Soup
Apple Slices
Milk Choice

31

